

Sector | Health

INTRODUCTION

Health corruption is a major issue worldwide, in both developed and developing countries. Within the EU, for example, the European Commission has been active in scoping the scale of the problem. In the <u>EU 2017</u> report on corruption in the healthcare sector they say: *'The health sector is one of the areas that is particularly vulnerable to corruption, but relatively little is known about this subject... Countries where patients have the most frequent experiences of paying for privileged treatment are Slovakia (41%), Slovenia (38%) and Germany, Spain, France and Sweden (all 29%), while the EU average stands at 19%. ... They then add some cause for optimism: Prosecution of physicians for bribery in medical service delivery has, over the last few years, become more common. Also, it appears that the younger generation – both physicians and patients – tend to no longer accept bribery in medical service delivery as common practice.'*

AUTHORS AND CONTRIBUTORS

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1. Corruption types in health



Guidance summary: STEP 1 Analysing the specific corruption types

We suggest you start by understanding in detail the different corruption types that you are faced with. You can do this in the following way:

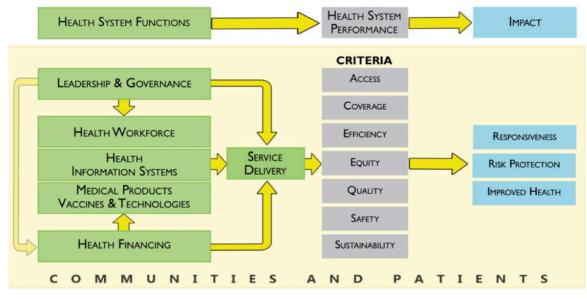
- Look at the template of the different sector corruption types in our review. Use this as the basis of your identification of the corruption types in your situation.
- Gather available data. We suggest that you do this first at a macro level, to get a sense of which corruption issues are big or small across the sector, regions and/or countries. Often there is a lot of such macro data publicly available. Then, gather available data at the micro level, local to you.
- 3. Decide if it would help to do a formal analysis of the corruption types and the levels of corruption risk. This takes time but gives you a thorough baseline for your reforms. It also serves to show the level of danger and damage from corruption to staff and to the public.
- 4. Consider doing an analysis of the levels of support and opposition that you can expect. This is called a 'political economy analysis'.
- 5. Prepare for the later step in which you develop your strategy (Step 4) by thinking about which the best 'entry points' are likely to be – certain corruption types, regardless of scale, merit being tackled first because they are the most likely to build momentum and/or enable further reform. This choice of starting point is hugely context dependent.

1.1 THE HEALTH SYSTEM

In tackling corruption in a national sector as large as health, where is it best to start? We suggest that you start by considering your health sector as a 'system' of six building blocks, as defined by the World Health Organisation (WHO) and USAID: Service delivery, Human resources for health, Medical products, vaccines and technologies, Health Information Systems, Health financing and Leadership and governance. This conceptual framework draws from the efforts of the past two decades to define and understand health system functions and performance and has its basis in systems thinking. The building blocks are shown schematically in the diagram below:



CurbingCorrution.com: Health sector review. Downloaded 07/10/2018



Building Blocks of a Health System (From <u>WHO and USAID</u>, Figure 1.1.2)

1.2 HEALTH CORRUPTION TYPOLOGY

Our typology identifies 48 different types of corruption in health. We categorise them according to the six WHO building blocks. Some corruption types are generic, like favouritism in the appointment and promotion of staff, but most are specific to the health system, such as bribes to advance on the surgery waiting list, or unnecessary operations, or collusion in the pricing of medicines. Some corruption types are specific to just a few countries, for example health insurance, which is a huge issue in the USA (See <u>Rose-Ackerman and Palifka, 2016</u>). Collectively, this list is called a 'corruption types'.



Corruption typology - Health

HEALTH FUNCTIONS

- 1. Poor clinical protocols
- 2. Unnecessary interventions
- 3. Informal payments in interventions
- 4. Informal payments in waiting lists

5. Prescribing unnecessary or costly medicines

6. Over-charging

7. Other cases of illegal contact

8. Inappropriate prescribing and misuse of the electronic systems

9. Over-treatment

LEADERSHIP & GOVERNANCE

- 10. Capture by special interests
- 11. Inappropriate care strategies
- 12. Dereliction by fraud, lax controls

HEALTH WORKFORCE

 13. Inappropriate selection for jobs, promotion or training
 14. Inappropriate absenteeism

15. Nepotism in restrictive expert groups

16. Inappropriate professional accreditation

- 17. Expert-bias in complaints procedures
- 18. Improper inducements for conferences, research, placements
- 19. Fake workshops and fake per-diems
- 20. Discrimination against groups
 21. Undeclared or tolerated conflicts of interest
 22. Fake reimbursement claims

MECIAL PRODUCTS, VACCINES & TECHNOLOGIES

- 23. Substandard, falsified medicines
- 24. Inappropriate approval of products
- 25. Inappropriate product quality, inspection
 - 26. Private sector collusion in markets
 - 27. Corruption in new product R&D
 - 28. Companies 'gaming' the system
 - 29. Theft and diversion f products
 30. Re-packaging of non-sterile and expired product

- 31. Legal parallel trade in drugs
- 32. Overly high pricing on non-medical products
 - 33. Inadequate control of nonintervention studies
- 34. Improper benefits from companies
- 35. Improper acceptance of donated devices
- 36. Improper research, trial & marketing practices by companies

HEALTH FINANCING

- 37. Corruption in health insurance
 - 38. Corruption in procurement
- 39. Complex & opaque tendering procedures
- 40. Decentralised procurement that enables corruption
- 41. Donor collusion in corruption
- 42. Corrupt invoicing by suppliers

HEALTH INFORMATION SYSTEM

Not usually a source of corruption types

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Here is the tabular list of the health typology

Category	Health Corruption types		
Health system functions	 Poor standard clinical operating protocols Unnecessary or expensive interventions Informal payments or bribes in medical and surgical interventions Informal payments or bribes in medical and surgical waiting lists Prescribing of over-costly or unnecessary medicines Over-charging Other cases of illegal contact of health professionals in the public health sector: pre-selection of patients, directed prescription of drugs, issuing of false documents, private use of equipment, etc 		

Leadership and governance	 8. Inappropriate prescribing of prescriptions and misuse of the electronic prescription system. 9. Over-treatment due to incentivising the application of diagnostic procedures and treatments 10. Capture of policy by special interests, e.g. in regulation of medicines, or siting of health facilities 11. Inappropriate care strategies to suit special interests 12. Dereliction of duty by permitting fraud, lax controls, deliberately allowing control and clinical audit agencies to remain weak, etc
Health workforce	 13. Inappropriate selection for jobs, promotion and training 14. Inappropriate absenteeism 15. Nepotism in restrictive expert groups such as doctors 16. Inappropriate professional accreditation 17. Expert-bias in complaints and disciplinary procedures, 18. Acceptance of improper inducements for conferences, research, product placement 19. Accepting reimbursement through fake workshops and fake per diem schemes 20. Human rights and related discrimination against certain groups, 21. Conflicts of interest 22. Fake reimbursement claims
Medical products, vaccines & technologies	 23. Substandard or falsified medicines (for description, click <u>here</u>) 24. Inappropriate approval of products 25. Inappropriate product quality and inspection 26. Private sector collusion on medicines and technologies 27. Corruption in the research and development of new products 28. Companies 'gaming' the system to keep medicine pricing as high as possible 29. Theft and diversion of products 30. Re-packaging of non-sterile and expired products



	 31. Legal parallel trade in drugs for export that corrupts the system 32. Overly high pricing of non-medical products (gloves, stents, drips, etc) 33. Inadequate control of non-intervention studies and lack of transparency in clinical research 34. Improper benefits offered by medical companies accepted by health professionals, such as participation at conferences, sponsored medical education and other hospitality 35. Improper acceptance of donated medical devices 36. Improper research, trial and marketing practices by health companies
Health Information Systems (HMIS)	 The HMIS is rarely a source of corruption itself. People working in the health system know this and take advantage of it, so it is an indirect contributor to corruption. Poor operational and management data means that corruption goes undetected and unreported. Gross inefficiencies persist, which encourages corruption to bypass the system. Poor forward forecasting of medicines use, means abuse of stocks is easy. Budgets to hospitals and to each part of the health system may not be based on a solid rationale; this leads to perverse incentives or no incentives to reform areas of ineffectiveness or corruption. In a mixed public/private system, competition from the private sector can drive additional corruption if the MIS does not give adequate transparency. Poor stock management allows multiple corrupt practices on inappropriate ordering, re-selling, gaming of stocks between central and local stocks, etc. Stocks are needed locally, but there may be few central controls nor regular review of appropriateness of usage of medicines and supplies.



	37. Corruption in health insurance (plus sub-categories of specific corruption types)		
Health	38. Corruption in procurement39. Complex and opaque tendering procedures: complexity makesthem vulnerable to corruption		
financing	 40. Highly decentralised procurement, where purchasing is separately implemented in each hospital and agency, allows for both inefficiency and corruption. 41. Donor collusion in corruption 42. Corrupt invoicing by suppliers, sometimes in response to government delayed payments. 		

Alternative corruption typologies in health. There is no magic to the above typology: The purpose is to start you off with a sound template that you can modify in line with your own particular context. Here are some alternative corruption typologies in health

Transparency International's Pharmaceuticals and Healthcare programme (<u>ti-</u> <u>health.org</u>) lists <u>37 different</u> <u>corruption</u> <u>issues</u> across pharmaceuticals and healthcare, as shown opposite.

Governance	Research	Procurement	Product distribution &	
Capture of policy	Abuse of funding systems	Unnecessary or ineffective	storage	
	Improper trial design	purchases	Theft of products	
Regulation	Improper trial conduct	Rigged requirements	Infiltration of tabilied &	
Inappropriate approval of products	Misleading dissemination	Preferential selection of contractor	substandard products Re-packaged non-sterile	
mproper product quality	Marketing	Collusion among bidders	and expired products	
inspection & certification	Improper inducements to	Unfulfilled delivery	Service delivery	
Inappropriate product selection	healthcare professionals	Containing derivery	Informal payments from	
	& to facilities & officials	Financial & workforce	patients	
improper professional	Improper inducements to	management	Unnecessary referrals &	
accreditation	patient organisations	Inappropriate selection for	procedures	
inappropriate health	Distorted funding of	jabs & training	Private use of public	
acility accreditation	continuing education	Absenteeism	products, equipment, etc	
Inappropriate health college certification	Improper post marketing	Fake reimbursoment claims	Favouritism	
	trials/studies		Overcharging	
	False or mideading claims	Misuse of national funds	Manipulation of outcom	
	Disease mongering	Misuse of donor funds	data	

There are also other ways you can categorise the corruption types. For example, you could categorise them by the categories of people involved in corruption:



- *Insiders* administrative staff, doctors and other healthcare professionals taking advantage of vulnerabilities in the health system for personal enrichment
- *Insiders taking shortcuts* to make the system work. These often start out with good intent, such as speeding up the process to get an essential result, like a vital spare part for a hospital scanning machine. But such shortcuts afterwards can easily become avenues of corruption
- •
- *Outsiders with have power and influence*, who force the above two types of people to be corrupt according to their requirements; up to and including getting them appointed in the first place.
- *Supplier companies*, including pharmaceutical companies, both national and international
- *Patients*, because paying a bribe may give them more certainty of outcome, such as achieving a better position on a waiting list or access to an ICU bed. This is 'sort of' voluntary, but it is also a form of extortion.

Or you can categorise the issues using a 'value chain' perspective. This was done by Savedoff and Grepin (2012), for example, in <u>application to the health</u> <u>system in Ethiopia</u>. See opposite:

1.3 GATHERING DATA ON HEALTH CORRUPTION

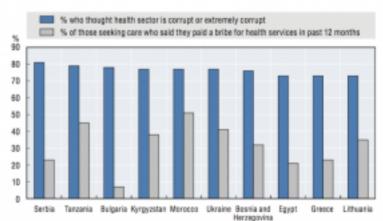
Aggregate, comparative data: You may want, or need, to present specific corruption data on your health system. Such information comes usually from national and sub-national surveys, which you may be able to use, or to piggy-back on. Groups like Transparency International, World Bank and OECD also do larger surveys across

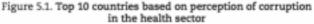
	Corruption type	Evidence or allegations in Ethiopia
Policy and bulgets	policy-capture lossificting competition and protecting menopolicit) *allocating funds to favored groups or regions *allocating funds to specific projects to facilitate licitization, write calculated	- allegations of favoritans in awarding major careading contracts
Foreign aid	establishment of fraudulem implementing coganizations isphoning of funds away from intended purpose isulage of donated drugs or commolity for reale	 evidence of commodities being stolen or diverted in major compaigns tas financial reporting from community-based organizations
Financial nanagement	+ embaggification-of funds	 audits unable to determine final use of funds mised financial accounts preclude accountability for use of funds
Regulations	 Interference in setting standards or approval for drugs, equipment, and licensing bribing impactors or extorsing 	- alleged bribery of inspectors
impections	funds/rom suppliers and providers to-certify compliance	
~	Kickbacks reamputating specifications endlucion among biddlers special access to biddling documents	 performance audits show cases in which work was not done audits reveal anwerifable expensioners
Procument	ocarriero.	expensions in procedures not always used in purchases of large commodities programs and in awards of compruction combacts.
Drug supply	respired, substandard, or counterfett reedications theft for use in private practice	-diversion to private practice and pharmacies -existence of a black market
	- sheft for resale	for drugs not available in the public sector
~	usde payments for favored placements alesenteetsm	 absorbation to serve private patients referral of patients to private
Health-care delivery and patients	 receiving or extenting illicit payments 	practice for additional fixes * priority services provided by patronage * pillering of equipment and other services for use in private practice

many countries, which can also be surprisingly detailed about the individual countries.



The OECD has done several analyses of corruption in health. Opposite is data from an <u>OECD 2015</u> analysis, showing the 10 'worst' countries for health corruption, and making comparisons between them. Or you can commission your own – many countries do this, as the <u>EU 2017</u> example at the beginning of this review showed.





Source: Authors, using data from Transparency International Global Corruption Barometer, 2013. Note that 80% of Albanians and 75% of Russians surveyed thought the health sector was corrupt or extremely corrupt, but data were missing on the percentage who said they had paid a bribe when accessing health services, so these are omitted from figure.

Example: the need for 'help' to access services in Serbia. Serbia has been paying significant attention to corruption. Here is one survey analysis of which sectors are the best and the worst for accessing services on your own and without having to pay for extra assistance ('help'). It shows up police services, *health inspectorates* and patients organisations as being difficult, high corruption areas.

Local national or sub-national data on health corruption. Your health system may have its own data on fraud, corruption and patient complaints, some of which will be about corruption. If you can use these, do. NGOs and patient associations may also be well informed. Local anti-corruption NGOs may be prepared to carry out a survey or analysis for you, or you can commission an external analysis.

Ask around or looking for local data yourself. Nowadays there is a lot of research and surveys in corruption, and it may be that others can point you towards it. For example, recent re-analysis by researchers of global data from Transparency International's Global Corruption Barometer is showing up country specific and sector specific trends in corruption. You may not know about such analyses yourself, but if you ask around in the sector, or ask us at CurbingCorruption, you may find more useful material.

Example: Data showing reduction of corruption in the health sector in Uganda



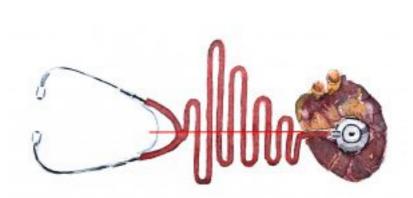
According to a recent re-analysis of Transparency International's Global Corruption Barometer (GCB), the bribery rate for health services had halved for service users between 2010 and 2015. Such a stark reduction in the health sector's bribery rate was statistically improbable.

This analysis was done by <u>Peiffer et al (2018)</u> at the Leadership Development Program.

The reduction would seem to be the work of the Health Monitoring Unit (HMU). A highly visible institution with an exceptional degree of support and direction from the president, the HMU developed a strategy to improve accountability in the sector. This included high profile raids. Through highly visible investigations, the HMU seems to have been effective in making health workers in the country significantly more cautious, reducing their willingness to request bribes. Requests for bribes for health services appear to have decreased as a likely consequence of the HMU's efforts. However, though there have been bribery reductions, the naming and shaming approach has also led to reduced morale among health, because of perceptions that the HMU had unduly harassed many innocent health professionals.

1.4 DOING YOUR OWN ANALYSIS

The above list of specific health corruption issues may be sufficient for your purposes. Alternatively, you may like to make your own list of corruption types relevant to your operations. You will want to consider whether to pick out the



most serious, and/or the most common, or the most distressing for patients, or the costliest, or the ones that should be easiest to solve.

Doing this analysis can be a two-hour exercise or it can be a six month one. The **quick way** is always attractive. Your own staff are usually well aware of the corruption issues. Health professionals are among the most committed people in the world, with extensive experience of working in large, complex, bureaucratic environments. Hence, they are likely to be the best informed about what the corruption problems are, which ones can be tackled, and which ones need to be left for later.

Give them the typology of health corruption types above and ask a group of them to analyse which are the more relevant ones and their relative importance. This simple approach has the advantage that you can quickly capture the 'top of mind' knowledge of your senior professionals. It has some disadvantages, notably that it is likely to focus on the more immediate issues. In the **mid-range**, you may have specialist groups with extra knowledge, like internal audit groups and clinical audit groups. Together with external groups like community health groups, patient communities and civil society, you can get a more inclusive analysis done, still quite quickly. It has the same disadvantages as above.

At the **most thorough** end of the spectrum, you can get a detailed analysis done by groups with professional anti-corruption knowledge, if possible combined with health expertise. These groups might sit within universities, or civil society, or think tanks. You can consult our list of sources of expertise in <u>Reading & Bibliography</u>, that can give you some guidance. Such analyses are likely to take from two months to six months. In large initiatives, there are several analytical techniques you can consider, such as Vulnerability to Corruption Analysis (VCA), Public expenditure tracking surveys (PETS) and Quantitative Service Delivery Surveys (QSDS). Read more about techniques for analysing corruption vulnerability in our <u>Guidance Step 1 – Analyse the specific</u> <u>corruption types</u>.

There is also an obvious and often sizeable political advantage to having a thorough, independent analysis done of the corruption issues and risks. If you have time and funds, we recommend that you do a thorough analysis.

Example: Ethiopia commissioning a first analysis of health corruption types

In 2012, Ethiopia was starting to open itself up to external scrutiny about the levels of corruption in the country. This was stimulated by their poor standing in the Transparency International Corruption Perceptions Index of that year. They commissioned analyses by external experts on each of several sectors (construction, telecoms, health, etc.). The health analysis, not surprisingly, pointed out a range of problems (<u>Savedoff and Grepin, 2012</u>).

They provided a typology of the problems that could be used by the Ethiopians: Procurement (poorly functioning reporting systems and weak



oversight); Pharmaceutical management (Concerns on the licensing, selection, and sale of medicines; pharmacists' opportunities to exploit patients; and a growing black market for pharmaceuticals); Regulation (The inspectors who enforce the health regulations are poorly paid and vulnerable to requesting and accepting bribes); Unequal patient treatment (Although illegal payments did not appear to be a major issue in Ethiopia's front-line service delivery, many interviewees reported complaints that providers give preferential services to friends and colleagues); Rising foreign and other donor aid (the influx of funds outside of the public system and the sheer size of these new funds have also increased the risk of corruption).

2.Reforms in health

Guidance summary: STEP 2 Reforms & reform approaches

Reform measures will always be specific to the particular circumstances. Nonetheless, in order to get ideas and insights, it helps to learn about reforms employed elsewhere and to have a mental model of the type of possible reforms. We recommend you consider each of these ten reform approaches:

- 1. Functional approaches: *improving institutions, public financial management, systems and controls*
- 2. People-centred approaches: *building networks and coalitions of supporters*
- 3. Monitoring approaches: strengthen oversight groups and their independence
- 4. Justice & rule of law approaches: *prosecuting, raising confidence, improving laws*
- 5. Transparency approaches: making visible what others wish to keep hidden
- 6. Integrity approaches: motivating, instilling pride and commitment
- 7. Whistleblowing approaches: finding safe ways for people to speak up
- 8. Civil society and media: creating space for external voices
- 9. Incentives and economic theory approaches: *aligning stakeholders and economics*
- 10. Nudge approaches: *new science show how small changes can make a big difference*



Talking through with colleagues and stakeholders how each of them might work in your environment enables you to 'circle around' the problem, looking at different ways and combinations to tackle it. A reform strategy might, for example, consist of some institutional improvement projects, plus strengthening integrity among staff, plus strengthened sanctions and discipline.

You can read more guidance on Step 2 <u>here.</u>

There are fewer examples of health corruption reforms than we would like to see. We think this is because corruption within the health sector is less talked about than you might expect. In high income countries like the EU, as we quoted in the introduction to this review: *'The health sector (in the EU) is one of the areas that is particularly vulnerable to corruption, but relatively little is known about this subject.'* (EU 2017).

In developing countries, a good guide is from USAID, who have systematically reviewed their experience of anti-corruption programmes, including in health. Although most were aimed at health system strengthening and health governance, not corruption, these initiatives did serve to strengthen the anticorruption environment and prevent fraud and waste while establishing transparency in the sector. Several common reforms were identified: Developing health information systems – these are perhaps the most powerful for exposing areas vulnerable to corruption; Institutional strengthening through improving protocols and standard operating procedures; Creating performance-improvement mechanisms that strengthen the Anti-Corruption environment; Strengthening healthcare policies and the healthcare regulatory environment; Building capacity and effectively engaging non-state actors; Innovative communication approaches to enhance hospital-community relations; Improving monitoring and oversight; and integrity and ethics reforms <u>USAID (2014)</u>

2.1 FUNCTIONAL REFORMS IN HEALTH

This is a large category, including organisational reform, service delivery and other clinical reforms, reforms to non-clinical processes, reforms to management information systems, and technological reforms. There are usually more reform measures in this category than you can accommodate. The question is one of prioritising, using criteria such as relative impact, political opposition, or the risk of slow implementation.



Functional reform measures you can consider, with examples

2.1.1 Service delivery and clinical reforms

This is where the anti-corruption work will be most clinically facing. There are likely to be multiple initiatives and reforms going on at any one time to improve service delivery in a national health system. Such work to improve patient outcomes is the core business of any health system, and the corruption aspect will only be one element of this. The way that clinical protocols and pathways operate is very closely linked to the corruption opportunities that they throw up, whether this be for unnecessary procedures, or overtly expensive ones, or pathways that favour one medical group over another, and so on. This is as true in developed country environments as in developing country situations.

Example: Preventing informal payments in Armenia through a child certification programme. The Health system in Armenia is complex but underfunded, and much of the payment for services comes directly from citizens, of which about 70% are for 'informal payments', rather than for official services or payment for medicines. This reform initiative focused on informal payments for child health, and a 'Child Health State Certification Program' was designed and implemented. USAID reported as follows: '*The findings of the quantitative assessment clearly demonstrated that the Child Health State Certificate Program significantly reduced informal payments for paediatric inpatient care for children 0-7 years of age and increased accessibility of care for those who could not afford it previous to the program*' (USAID, 2011).

Example: Reform of clinical pathways and payment system in

Vietnam. '*Researchers from Vietnamese Health Economics Association, a civil society organisation with support from AusAID (Australia), are developing a case-based reimbursement methodology, which they believe can help improve transparency and reduce perverse incentives in the health care delivery process. Case-based payments, established prospectively based on estimated resource needs for standard care, replace fee-for-service reimbursement. Under this kind of payment system, providers no longer have the incentive to use many diagnostic tests or potentially ineffective treatments to maximise revenue. Working in four pilot hospitals, the research team collaborated with facility personnel to develop care pathways for the treatment of three types of cases: pneumonia (medical), normal delivery*



(obstetrics) and appendicitis (surgery). For each of these cases, the researchers developed criteria for admission and discharge, indications for standard mandatory and other diagnostic tests and imaging, guidance for selection of drugs and criteria for other interventions.' (<u>Vian, 2012</u>).

Other examples of bribes for service delivery. There are many more analyses from other countries of the small bribes paid to navigate national health systems, and the ways in which the authorities tackled this common problem. There are further examples described by <u>Vian et al (2015)</u>, <u>Stepurko et al (2010)</u>, <u>Bjorkman and Svensson (2009)</u>, <u>Liarapoulos et al (2008)</u>, <u>Rispel et al. (2016)</u>.

2.1.2 Reforms to non-clinical process

Improving the way that the multiple systems and processes of the health system works is a natural way to reduce corruption: by reducing procedural complexities, streamlining budgeting, automating cumbersome procedures, improving controls, improving the range and reliability of performance indicators, etc., etc. However, be cautious. It is tempting for officials to focus on these types of improvements, because they are technical, can be defined precisely, and are usually relatively non-political. However, there are two problems. First, they can tend to take time to put in place, easily 12-24 months. This is a real issue – the timeline to results will be longer than what you would want to show progress to citizens. Second, there is also a more cynical aspect: the fact that the work takes time allows progress to be proclaimed until sometime after the momentum for change has dissipated. Those opposed to corruption reform can therefore safely support such initiatives, anticipating that they can be slowed down again in 12 months' time.

Example: Health procurement corruption reform in Ukraine using ProZorro. Ukraine has made excellent cost savings in the health sector (and in other sectors as well) through procurement anti-corruption and transparency reforms. See <u>"Everyone sees everything; the overhauling Ukraine's corrupt contracting sector".</u>

Example: The Open Contracting Partnership. <u>OCP</u> is an excellent multi-country reform initiative measure that is being used by a wide range of countries, from the UK to Mexico to Afghanistan. It starts at the planning stage, and covers tenders, awarding, and implementation of public contracts, including in health.

2.1.3 Improved HMIS

Improved Health Management Information Systems (HMIS) are one of the most crucial technical levers for reducing corruption. This happens both by direct changes, such as by better medicine stock management, and indirectly, by providing reliable data on the performance and relative performance of all parts of the health system. This is at least as much an issue for developed countries as for developing ones, because they are often working with large, cumbersome systems that are too expensive and sometimes too complex to replace. In such cases, simple web-based solutions alongside the old systems to get over some of the worst efficiency and corruption problems may be as much a corruption reform as an efficiency reform. Greece, for example, has made great progress with a Business Information' portal for health that has been able to circumvent their huge problems with inflexible, complex old systems. Note that the same cautions apply as with the non-clinical improvements already discussed: It is tempting for officials to focus on these types of improvements, because they are technical and tend to take time to put in place, e.g. 12-24 months.

Example: MIS strengthening in Albania, Moldova, Cambodia, Palestine West Bank. USAID has done such improvements, for example, in Albania, Moldova, Cambodia and Palestine West Bank. These systems improved management, administration, and operational efficiencies of hospital and health actors, leading to greater transparency and access to information within the sector. As the <u>USAID 2014</u> evaluators put it for the Albania project: *'The systems contribute to anti-corruption by creating greater control over critical data and information and, thus, reducing the opportunity for committing medical fraud'*. And for the Cambodia project: *'The project-supported health informatics team works closely with the hospital improvement program to improve data collection methods, data quality and data use via HIS. Improved data quality reduces the likelihood of corruption by diminishing the ability of individuals to manipulate or falsify records and information.'*

2.1.4 Technology reforms

There are multiplying numbers of reforms using new technologies, mobile apps and social media that may also reduce corruption. A recent review identified 15 distinct ways of using technology for good governance activities in LMIC health care. These use cases clustered into four conceptual categories: 1) gathering and verifying information on services to improve transparency and auditability 2) aggregating and visualizing data to aid communication and decision making 3) mobilizing citizens in reporting poor



practices to improve accountability and quality and 4) automating and auditing processes to prevent fraud. From Holeman et al (2016). For a review of data mining processes to reduce fraud in health, see <u>Joudaki et al (2015).</u>

2.1.5 Organisation reform of the Ministry

Ministries can easily become corrupted. If the problem is deep rooted, you need to consider also whether changing the mandate and/or structure of the Ministry and/or the health system organisation might reduce the problem more fundamentally.

Example: Health ministry structure in Afghanistan. The health system is fundamentally structured to be operated by international NGOs (like Save the Children and the Aga Khan Foundation), rather than by government. The Ministry is therefore less operational and more geared towards policy and financial control. They still have major corruption problems (See <u>Pyman</u> <u>2018</u> *Tackling health sector corruption: five lessons from Afghanistan*), but they no longer have the larger corruption problems that arising in a post-conflict government bureaucracy

Example: Benefits of Public-Private partnerships in Lesotho, Southern

Africa. Lesotho has explored the use of Public Private Partnerships (PPP) to improve health governance and the corruption impact of such reform seems to be beneficial. An independent assessment concluded that *'Corrupt practices that were described at the government-run hospital (theft, absenteeism, and shirking) were absent in the PPP hospital. In the PPP hospital, anticorruption mechanisms (controls on discretion, transparency, accountability, and detection and enforcement) were described in four management subsystems: human resources, facility and equipment management, drug supply, and security. ... The PPP hospital appeared to reduce corruption by controlling discretion and increasing accountability, transparency, and detection and enforcement. Changes imposed new norms that supported personal responsibility and minimized opportunities, incentives, and pressures to engage in corrupt practices. By implementing private-sector management practices, a PPP model for hospital governance and management may curb corruption.* Yian et al (2017).

2.2 PEOPLE-CENTRED REFORMS IN HEALTH

People-centred measures you can consider, with examples



2.2.1 Your leadership

Being clear that your team can and will make a difference – can change the organisation's culture to one with a much lower tolerance of misbehaviour. This sounds so straightforward as to be hardly worth a Chapter heading. But it is important because tackling corruption is not a 'normal' thing to be talking about or doing. Being clear that your team can and will make a difference can change the organisation's culture to one with a much lower tolerance of misbehaviour can inspire people to work with you and to put in much more than 'normal' effort.

2.2.2 Building committed supporters

Most people in most organisations hate corruption but feel trapped and disempowered by it. Building a team of officials across the ministry and related agencies who share the vision of what can be achieved with less corruption is therefore a key place to start. Ask someone to open up these discussions across the organisation.



When it comes to taking any kind of action about corruption in my local government and community I'm of the opinion that:			3	4
1 Corruption is everywhere, exists in all countries, even in the most developed ones. So, there is nothing our local government can do about something endemic!				
2 Corruption, like sin, is part of human nature; it always existed. There's nothing we can do about it!				
3 Corruption is a culturally determined and vague notion: what's seen as corruption in our culture might not be seen that way in other cultures. Even in the same culture, it is so difficult to distinguish between gift and bribe!				
4 Getting rid of corruption in our local government and community can be done only through a massive social change, based on a dramatic shift in people's attitudes and values. This effort exceeds our capacity, competencies and resources.				
5 Corruption isn't that harmful. It's just the "grease" for our political and economic systems that help them operate more smoothly, it is just the way of doing business				
6 There's nothing that local governments can do when corruption is systematic and the people at the top are corrupt				
7 Worrying about corruption in our local government and community would be a waste of timegiven everything else we need to do. Anyway, the free market and the democratic system will make corruption gradually disappear!				
8 Corruption in our local government and community doesn't existat least to the extent that we should worry about it				
9 The costs of curing and preventing corruption in our local government and community would far out-weigh the benefits				
10 Any effort to cure and prevent corruption in our local government could hurt a lot of innocent peopleso it's better to ignore it.				
ADD YOUR TOTAL SCORES				

Example: Using a questionnaire to tease out peoples' opinions. You could use a questionnaire to bring out peoples' opinions. Here is one example opposite for local government employees from <u>UN Habitat 2006</u>, but it could easily be adapted for health. For each of the ten statements, there are four choices, to register whether you agree (score 1) or disagree (score 4) with the statement, and how strongly. The results indicate to the respondent and to you how big a barrier there may be to tackling corruption and is one way to start the conversation.

2.2.3 Leadership team discussions. This author has been present at such discussions in numerous professional leadership groups, from global companies to health leadership teams, from clean Scandinavian countries to



conflict countries. Each of them was initially reluctant to engage in open discussion about corruption. This changes quickly once you make it clear that this is not a taboo subject, and that your purpose in tackling it is not punitive but is constructive, because it will actively improve access and service for your patients. You can do this in round table conversations.

2.2.4 Informal forums. Set up one or more forums where people can come and demonstrate their commitment to your plans. Sometimes people – public officials, citizens, whoever – are ready to help but don't have a forum around which to congregate. Patients groups and Community groups can provide a powerful voice not only on which corruption issues hurt them most, but also what the solutions can be.

2.2.5 Formal coalitions. Focus your efforts on building a coalition across multiple stakeholders.

Example: Coalitions, politics and success in health reform: the 'Sin tax' in the Philippines. A diverse range of partners, including doctors and health-related organisations, led reform against tobacco, via the so-called 'Sin tax'. This was a classic coalition of parties with different interests and one in which companies were also involved as 'allies of convenience', notably British America Tobacco and San Miguel Corporation. The reform coalition included other diverse components, namely:

- 'reform entrepreneurs', activists, experts, policy wonks from the world of civil society, NGOs, and academe;
- 2. reform 'champions' from within the administration, in departments, agencies, and the Office of the President;
- 3. reform 'champions' within Congress;
- 4. advocacy groups, allied associations, organizations, and pressure groups;
- 5. media outlets: investigative journalists, reporters, social media and Internet websites.

Read more on the process that led to the Sin Tax

2.2.6 Working in collaboration with civil society. See Section 2.8 later in this section.



2.2.7 Pushing industry to develop & uphold its own integrity standards. To some in the health sector, it may seem perverse to suggest working with the health companies on corruption. Aren't they the cause of much of it? Indeed, often they are. But they also have the energy and the means to do something about it and in the last ten years, encouraged by tougher anti-corruption laws, larger companies have moved towards active efforts to make sure that they are 'compliant' by not being involved in corruption. This shift is not universal: there are many countries of the world where almost none of the national health companies have a meaningful compliance programme. Nonetheless, this shift is welcome news for tackling corruption because solving corruption requires constructive inputs from multiple groups, one of which is the private sector. Here are six things you can consider doing:

Ways of engaging companies in the health industry

2.2.8 Changing the health industry structure to limit corruption There may be a more fundamental issue than simply pressing health companies to engage and do better, which you may or may not be able to address. The issue may be that the structure of the health industry in the country incentivises corruption. There are often hundreds, or thousands, of local manufacturers of drugs who have to sell into the grey market of hospital purchases. Besides often being poorly regulated, this also makes it harder for the larger multinational companies to avoid bribery. China has been a major example of this problem (e.g. leading to the prosecution and punishment of GlaxoSmithKline), but also of solutions: the Government of China has moved to cut off the licenses of offending local producers (See for example The Economist (2018) *China is sprucing up its pharma sector* and Cockcroft 2012 pp 33-35).

2.3 REFORMS OF MONITORING MECHANISMS IN HEALTH

Independent scrutiny is key to reducing corruption. Sometimes, for exactly this reason, independent scrutiny bodies are under-resourced, or populated with low-grade staff, or denied access to key people and records, bribed or threatened, and otherwise marginalised. Finding ways to get multiple forms of independent scrutiny into effect is a core part of anti-corruption strategies. There are multiple mechanisms you can use and/or strengthen. Here are actions and examples that you can consider.



Monitoring reform measures you can consider, with examples

2.3.1 Strengthen independent monitoring. Monitoring by outside groups is an important part of control against corruption. Patient groups, Community groups round a hospital, specialist health forums, all can be used both as a source of knowledge about the corruption issues and as a good location to seek local solutions. In some countries these are easy to set up, in other countries the opposite is true. Some countries, especially in Latin America, have a very active tradition of citizen engagement, and they are likely to be already active on anti-corruption scrutiny. In other countries, you will need to encourage them, or find ways to support them.

2.3.2 Strengthen regulatory agencies and oversight agencies. Regulatory agencies and oversight agencies are vital parts of the control framework of a health system. However, it is easy for their standards to deteriorate, to become servants of government officials, or even for the agencies to become complicit in condoning corrupt practice. Examining how these independent agencies are functioning, the independence, competence and diversity of their members is important. The opposite problem is also common, that there may be too many such agencies. Their overlaps and organisational confusion simply enable the corruption.

Example: Vietnam health system. The article calls for regulatory and service delivery functions to be split in the Vietnamese health system. *There will be endemic corruption until the government realises that it cannot be both a 'player' and a 'referee' at the same time. Other countries have models similar to the Medical Council model, where a board independent of the Ministry of Health has disciplinary powers over professionals working in Ministry of Health facilities.* The following options, based on the three approaches of Vietnam's anti-corruption strategy, would help: Approach 1: Enhanced administrative oversight; Approach 2: Transparency, citizen monitoring and participation; and Approach 3: Structural policy reform to reduce incentives for corruption' (Vian et al 2012).

2.3.3 Strengthen Internal audit. Audits and reviews of corruption risks and issues are a powerful way of raising awareness of corruption and deterring wrongdoers. But these control mechanisms are not used in health systems as much as elsewhere. Internal audit has been a low-quality department in many health systems, and often subservient to health system management or to



local management. In such situations, you would be better off using an independent group to do the audits.

In other countries and health systems the internal audit function is strong, and so can be used. They signal a change in the culture and show that certain areas of the health system are being targeted.

Example: Health system monitoring in Colombia. In the Colombian health sector, there are currently eleven Internal Control Offices.... *'it is identified as a high-risk sector, as there are many potential entry points for poor service delivery, waste and malpractice, as well as corrupt schemes and conflicts of interest (state capture, public procurement, over-billing, doctor-patient extortion to jump the treatment queue, links between medical professionals and the pharmaceuticals industry, etc.), which makes a strong case for an effective internal audit function.' (OECD 2017 Colombia report, p131.*

Example: Health fraud audit in Calabria, Italy. In Calabria, countless investigations in healthcare have corruption as both a crime and a conspiracy, including mafia infiltration. In his report to the Italian Parliament on 27 February 2009, Renato Brunetta, then Minister of Public Administration and Innovation, showed that Calabria was in first place for corruption in healthcare. Still, much corruption remains hidden; despite the Laws on Checks and Controls, healthcare organisations previously lacked a comprehensive system of control of both administrative and economic performance. (<u>European Commission 2015</u>). <u>Read more</u>

Example: Internal audit leading transparency and corruption reform in Ukraine. In other sectors, internal audit has developed as the lead group in tackling corruption in that Ministry. One example is in the Defence Sector, where Ukraine has made progress led through the internal audit departments work. See, for example <u>Barynina and Pyman (2012)</u>, and '*The 3rdline of defence: how audits can help address defence corruption*'. She leads that Department and her analysis is of 400 defence audits and reviews, all of which are publicly available.

2.3.4 Strengthen external audits and investigations. Routine external audits have a surprisingly low success rate in detecting and exposing fraud; yet this is an expensive resource, and a potentially powerful one. Carrying out reviews of the quality of external audits is one way to tackle this issue (through broader than health sector alone). Where there is a specific health external audit and investigation agency, making this a priority element of the health



anti-corruption initiative can be useful. Such agencies may have been marginalised in the past, and increased focus and resources can invigorate them.

2.3.5 General health fraud audits. This is an established way of understanding the nature of corruption and fraud within a health system. In a review of case studies conducted in 33 organizations from six high income countries, concluded that the 'percentage loss rate' due to fraud and abuse in health care ranged between three to ten percent with an average of 5.6% of total health care costs (Rashidian et al 2012). However, the same study found that there are few health fraud audits being carried out in low income countries and even less attention is paid to fraud and abuse related to private insurance organizations.

Example: Cameroon. External investigations have a vital role, and, if there is external donor aid, this is an area where the donors can actively assist. In Cameroon, the GAVI alliance initiated an investigation into massive fraud and misuse of drugs in a Cameroon project in 2009-2011 The result led to a stimulation of reform. Based on these findings, and in consultation with the Ministry of Public Health (MOPH), '*The case study shows the benefits donor* organizations can gain by adopting a transparency and accountability policy: Having a clear policy in place allowed GAVI to implement pre-defined procedures, including the FMA and follow-up investigations, which detected and responded to mismanagement and abuses. The policy was agreed upon beforehand and contained stepwise escalation procedures, which made response actions more transparent and understandable. Although the investigation revealed that government employees were involved in the fraud, which was undoubtedly an embarrassment for the Cameroonian government, they fully supported the investigation and were willing to act on its findings. In addition to providing guidance and support for the detection of misuse of funds, the TAP policy also helps to deter future violations by strengthening financial management support – not only detecting, but also preventing corruption' (See U4 2013).

2.3.6 Strengthen or establish clinical audit. Clinical audit is an equally powerful and often under-utilised control mechanism. It is defined (Wikipedia) as "*a quality improvement process that seeks to improve patient care and outcomes through systematic review of care against explicit criteria and the implementation of change*". Clinical audit only entered mainstream health care in the 1990s but is now a standard clinical control mechanism.



2.3.7 Establish a Commission of Inquiry. Sometimes it makes sense to press for a formal Commission of enquiry about the corruption, as a way to publicly address known but unexplored problems. This is a way of raising awareness of the corruption issues in a very visible public forum. It means that there will be huge attention to the health sector and may result in greater momentum for reform. Even if the follow up is subverted, such Commissions can be valuable.

Example: Uganda

A detailed analysis of the rationale and potential benefits of choosing such a reform measure in a country like Uganda has been made by <u>Kirya</u> (2011) in 'Performing good governance: Commissions of Inquiry and the Fight against Corruption in Uganda'. Here is her overview: 'The findings suggest that the global anti-corruption framework signified by the good governance agenda is hindered by various factors such as the self-interest of donors, the moral hazard inherent in aid and the illegitimacy of conditionality; all of which contribute to the weak enforcement of governance-related conditionalities. This in turn causes aid-recipient countries such as Uganda to do only the minimum necessary to keep up appearances in implementing governance reforms.

National anti-corruption is further hindered by the government tendency to undermine anti-corruption by selective or non-enforcement of the law, the rationale being to insulate the patronage networks that form the basis of its political support from being dismantled by the prosecution of key patrons involved in corruption. Ad hoc commissions of inquiry chaired by judges, which facilitate a highly publicised inquisitorial truth-finding process, therefore emerge as the ideal way of tackling corruption because they facilitate —a trial in which no-one is sent to jail. ...They also served to appease a public that was appalled by the various corruption scandals perpetrated by a regime that had claimed to introduce —a fundamental change and not a mere change of guard in Ugandan politics.

Nevertheless, while they enabled the regime to consolidate power by appeasing donors and the public, they also constituted significant democratic moments in Ugandan history by allowing the public – acting through judges and the media – to participate in holding their leaders accountable for their actions in a manner hitherto unseen in a country whose history had been characterised by dictatorial rule.



Example: South Africa Health Market Enquiry. An analysis of the private health care sector in South Africa '<u>blew the lid off</u>.... the Competition Commission revealed the results of a four-year investigation into competition within the private healthcare market. The inquiry found a lack of rigorous

competition in sectors including pathology, hospital groups, as well as medical aids and administrators. For more information, read <u>this article</u> or the provisional report <u>Competition Commission of South Africa 2018</u>.

Example: Queensland Health Payroll System Commission of Enquiry. A similar analysis, though it stated that they found 'nothing to suggest any form of corruption'. (<u>Queensland 2013</u>, p86)

Example: Uganda Commission of Enquiry. *'The sum total of the enormous catalogue of flaws, shortcomings, errors, mistakes, and hiccups enumerated and detailed in all the above ... adds up to a humongous picture of grand managerial inefficiency and incompetence. ... The great losers in this sordid story were the people of Uganda; the international donor community; and, particularly so, the new experiment in Global Fund Public-Private Sector partnership'.* The Commission that was very clear in its findings, but with little follow up. For more information, read this article by <u>Cohen 2008</u> or a later analysis by <u>Sekalalah and Kirya 2015</u>.

2.3.8 Citizen Report Cards. Report Cards are a specific citizen-driven method used to generate information on the quality and efficiency of the public service as perceived by users. There are many examples of their use. To read more see <u>Guidance STEP 2</u> or more details.

2.4 JUSTICE & RULE OF LAW REFORMS IN HEALTH

In low corruption environments, criminal investigation and prosecution of corruption is a normal, periodic part of professional life. Sadly, this is the exception rather than the norm. Nonetheless, even in environments where mainstream courts are slow and risky, speaking out and putting senior individuals under investigation can change the culture.

Equally, you can change the organisation dynamics if you make it clear that sanctions or disciplinary action will definitely be taken. Often such sanctions do exist but have fallen out of use or have been taken over by special interest groups. In this case you have first to reclaim the proper functioning of these disciplinary mechanism, but that is much easier than trying to engage with the judicial processes.



As the Icelandic and Norwegian Prime Ministers both said recently at the Plenary session of the <u>OECD Integrity Forum, Paris, March 27th, 2018</u>: '*Naming and shaming is good.* Other times, the best thing you can do is to make it possible – and safe – for citizens and officials to complain or to blow the whistle. Such actions and other forms of calling out the corruption are all ways to make it clear that corruption will not be tolerated and to change the climate of opinion; even if you know you may fail in implementing sanctions.

Justice and Rule of Law Measures you can consider, with examples

2.4.1 Investigation and prosecution. Prosecution of corrupt health officials or company executives or politicians can jolt the system and show that there is a change of tolerance. Prosecution also responds to the demands of the public. However, prosecutions are high risk: they can be very slow, often many years, to come to court; they can be unpredictable, as powerful individuals find ways to escape prosecution or conviction. Worse, if the judiciary are corrupt, this tends to mean that corruption reform will take decades. Perhaps only Sicily, in Italy, has had success against corruption by a prosecution-led strategy. Whilst prosecution may be a tactical response to public pressure, it is unlikely to be a major part of the strategy.

2.4.2 Exert pressure via discipline, sanctions and penalties. Where prosecution may be too slow or too difficult, more active use of sanctioning, discipline or penalty procedures sends a strong signal of change, that corruption is no longer acquiesced to. Civil and administrative penalties often hold out more hope of impact than prosecution. Examine in detail what disciplining and sanctioning options you have, and how they might be strengthened, or adapted to prioritise corruption cases. Often, the priority is to move a corrupt person from their job – to allow that directorate to improve – and to sanction the individual so that he/she is not simply placed somewhere else in the bureaucracy.

Example: The work of the Health Monitoring Unit (HMU) in Uganda. According to a recent re-analysis of Transparency International's Global Corruption Barometer (GCB), the bribery rate for health services had halved for service users between 2010 and 2015. The reduction seems to be the effect of the Health Monitoring Unit (HMU). A highly visible institution with an exceptional degree of support and direction from the president, the HMU developed a strategy to improve accountability in the sector. This included high profile raids. Through highly visible investigations, the HMU seems to have been

effective in making health workers in the country significantly more cautious, reducing their willingness to request bribes. Requests for bribes for health services appear to have decreased as a likely consequence of the HMU's efforts (<u>Peiffer et al 2018</u>).

However, though there have been bribery reductions, the naming and shaming approach has also led to reduced morale among health, because of perceptions that the HMU had unduly harassed many innocent health professionals.

Example: The Global Fund. After several corruption scandals, the Global Fund dramatically toughened up their control and investigation of corruption in the last five years. They have introduced claw-backs and penalties for countries allowing corruption in their grants. Here is <u>their description of current</u> <u>practice</u>: *'The Global Fund actively manages risk, with embedded procedures including strict controls and monitoring. When a problem is identified by a country team at the Global Fund, it is referred to the Office of the Inspector General, who independently evaluates evidence and decides how to act on it. When an investigation identifies misspent funds, the Global Fund pursues recovery, so that no donor money is lost to fraud. Since 2012, the work of the Office of the Inspector General has been strengthened and expanded. Its staff has grown from 27 to 47 experienced professionals.'*

2.4.3 Carry out a legal review. In the 1990s, calling for new laws or new regulations against corruption was the first port of call for reformers. Now most countries have decent laws relating to corruption. Nonetheless, there will still be multiple areas where reform of law is vital and where gaps, overlaps and ambiguities allow the corrupt to escape justice. There will also continue to be new forms of corruption, some of which may start of being legal until pressure builds to criminalise them; and new ways in which the corrupt bend the current laws to their favour, which too will need regulation.

You may have many suggestions from officials on how the laws can be improved. This needs critical review, however. It is normally unwise to plan on making a large number of regulatory changes, as you are likely to get bogged down and thereby seen to be making no progress, so the changes that you will pursue need to be carefully prioritised for effectiveness. Involve outsiders in the review, not just Justice officials: civil society, or non-government legal experts with knowledge of anti-corruption impacts.



Example: Health law reform in Moldova. The results of a review in the Moldova health system, taken from USAID (214): *'Creating integrity and ethics through (legal) reform. Working closely with the Moldovan Ministry of Health (MOH), USAID contractor MGTCP drafted laws, policy papers, and recommendations to improve healthcare services across the country.*

- The project drafted and submitted to parliament a revised administrative code in order to strengthen the enforcement of the accreditation process of healthcare professionals.
- The most far-reaching legal reforms supported under MGTCP were the government order issued to create corruption reporting systems in all ministries, including MOH, and the whistle blower protection law, which was drafted and submitted to Parliament.
- Legal reforms supported by the program also affected the hiring process in MOH-supported facilities.
- *MGTCP* supported the MOH in issuing a ministerial order that created a competitive hiring process including objective scoring of candidates.
- *MGTCP also worked through the government of Moldova to reform the legal and policy framework in the health sector to improve functionality and monitoring. This included the creation of nine working groups*
- This allowed for quick decisions and implementation of key interventions, such as the development of a code of ethics that had not previously existed in Moldova. In collaboration with a specially created MOH working group, MGTCP supported the drafting, editing, and publication of 15,000 copies of the code to medical professionals, including all physicians in the country.
- *MGTCP* helped reform procurement and bidding processes by creating a government-sponsored integrity pact, which all bidders on public tenders were required to sign.' <u>USAID 2014 report.</u>

2.4.4 Examine which changes in policy might disrupt corrupt dynamics. It has not been usual for policy to be made explicitly with anti-corruption in mind. This may therefore mean that there are some policy changes that you can make that would have a significant impact. Pay attention to policies that directly or indirectly allow corruption to persist. Policy can also be captured by corrupt interests, so the challenge is also to scrutinise misuse of current policy.



2.5 TRANSPARENCY REFORMS IN HEALTH

Along with independent review and monitoring, transparency is one of the central tools in reducing corruption. Corruption problems naturally thrive when the relevant data is not going to be made public. Transparency is an easy word to say – it is almost 'motherhood' – but if you find the right way to use it – or the right information that needs to be made transparent – and you can do it in a way that people recognise, then the impact can be great.

One such example is to publish surgery waiting lists, when before they were held by the surgeon and used to extort bribes in order to rise up the waiting list. The beneficial effect for patients is out of all proportion to the generic statement of 'making data more transparent'.

Transparency measures you can consider, with examples

2.5.1 Identify public service data that needs to be transparent. This is context and sector specific, so you need to brainstorm with colleagues on what data would most show up corruption or improper influence. It can be very simple, such as publishing hospital waiting lists for surgery or publishing how much of the primary school education budget is actually received by each school. The more resistance there is to publishing data, the more likely it is that there is some corruption reason behind it. Examples include Wait lists for surgery (with suitable measures being taken to prevent patient identity), Boards showing the Presence/Absence of clinical staff in the hospital, the Average unit costs of drugs in hospitals, regions or in the country. Also useful are comparisons with international public sources for cost of common drugs (from MSH, MSF, WHO, GFATM etc) so that someone can see if the country is paying above the world market. In all such data cases an important related question is which forum you use to present the data. Is it electronic, or via meetings, or in journals, or to patients' organisations, or highly visibly, e.g. on boards at the front of the hospital, or in newspapers?

Example: WHO Good Governance in Medicines initiative (GGM). The WHO has created process indicators for transparent and accountable drug promotion practices as part of the <u>Good Governance in Medicines programme</u>. The GGM approach to increasing transparency in public pharmaceutical systems includes three steps: risk assessment, development of a national framework for responding to identified needs and implementation of approaches such as procedures for disclosure and management of conflict of interest, web-based medicines registration and licensing systems, and other interventions. To date,

26 countries are participating in the GGM, including Cambodia, Malaysia, Mongolia and the Philippines.

Example: Transparency measures in seven countries in the Medicines Transparency Alliance. The WHO Medicines Transparency Alliance (MeTA) fostered policy dialogue to bring together government, civil society and private company stakeholders concerned with access issues in health and to promote transparency. An analysis of the effect of this in seven countries (Ghana, Jordan, Kyrgyzstan, Peru, Philippines, Uganda, Zambia) found strong evidence that transparency was enhanced and some evidence to suggest that MeTA efforts contributed to new policies and civil society capacity strengthening, although the impact on government accountability is not clear From Vian et al (2017).

2.5.2 Build transparency into systems and metrics. Good HMIS data is essential for tackling corruption. You need data on relative costs of procedures from one site to another, on stock levels, on costs per patient per diagnosis. Sometimes, getting this data is a 'normal' function of upgrading the HMIS to give you that functionality. Often though this is not the case: the official systems are often old, cumbersome and unsuited to any such intelligent query. In which case you have to decide if the problem is worth a separate management information system or application. In one OECD country the Health leadership had exactly this latter problem and, despite huge budget constraints, were able to produce an alternative HMIS that was dramatically more useful than the old, official system. As a result, they were able to scrutinise treatment costs between hospitals that led to a major improvement in performance and reduction in corruption.

Example: Less corruption in the medicines system in Thailand. Thailand participated in a WHO Good Governance for Medicines programme, with a number of significant achievements, such as lower costs for medicines, and national pharmaceutical laws reviewed. Thailand's Dr Tharathep offers this advice for other countries: *"First of all, they should do a medicines situation analysis in their countries, then develop a good governance framework appropriate to their context and environment. The gap between the existing system and the framework should be identified and the strategy should aim to fill the gap...The transparency of the system is one of the crucial activities. For us, the pharmacy information centre has been the best tool for transparency. We have the pharmaceutical products prices from each company who sold*



their products to the Ministry of Public Health hospitals publicly accessible." <u>Read more.</u>

2.5.3 Require all engagements by senior public officials be routinely

disclosed. If public money is being used, then there should be a presumption that the interactions should be public. Examples include senior public officials having the whole of their daily agenda online (as in the European Commission), or new contracting and procurement that require all contracts, progress reports, tender submissions and so forth to be available online (see Open Contracting Partnership here, for example). The simple way to do this is for the electronic calendars of officials to be available online.

2.5.4 Require that all health budgets, and spending, are disclosed. This is not yet the case in many countries. You need to see the Open Budget Survey to identify countries, here. This authoritative survey shows that even in an uncontroversial sector like health, such data is often not available. Citizens often want to know how much their government spends on a particular service and how that spending is changing over time. Answering this question is not as simple as it sounds. Besides the Ministry of Health, you probably need at least the "functional classification" that organizes spending by functions or purposes, as well as spending by state corporations that support health services (such as public insurers or suppliers). If the health system is decentralized, funds to lower levels of government might not be captured under the central Ministry of Health budget or the functional classification of national spending and you would need quantitative and narrative information about such transfers. The table below from the survey provides a summary of the level of availability of these types of information. While two-thirds of countries

surveyed

OBS Question Number	OBS Question	Percent of 115 Countries Surveyed
2	Functional classification?	67%
3	Functional classification using international standards?	44%
7	Functional classification for future years?	29%
22	Functional classification for past years?	27%
37	Transfers to state corporations?	32%
35	Transfers to other levels of government?	40%

Table 1: Countries publishing key information to answer "How much does my government spend on health?"*

* These figures are for countries with an "a" response (highest score). For Questions 7 and 22, which ask about the number (but not the type) of classifications in the budget, we confirmed the number that have functional classifications.

have a basic functional classification, less than half provide any of the other types of information described above.



2.5.5 Consider requiring all internal and external audit reports to be

published. Are all external audit reports public? They should be, though many are not. One public analysis suggests that about 85% of external audit reports are made available publicly (Institute of Internal Auditors, 2012). Internal audit reports are more commonly not public: only 10-14% of public sector reports were made public according to the quoted study. There is sometimes justification for non-publication – it can lead to big problems being kept quiet rather than written in the report – but the opposite problem is usually bigger: if the report is not public, it can be buried, and marginalised. It is less difficult and restricting to make internal audit reports public than officials might imagine. In Ukraine, for example, internal audit reports are publicly available (Barynina and Pyman 2012).

2.5.6 Watch out for when transparency does not work as

intended. Transparency may be good, but it is not a panacea. Often data and reports are made transparent, but the underlying corrupt behaviour still does not change, especially if the public and NGOs are disinterested in examining and acting on the data. What more do you need to do? The answer is often to encourage civil society to make more use of the newly transparent information. There may also be different understanding of transparency among staff, because transparency means different things to people depending on what level you are in the organisation.

Example: Transparency in US health care means different things to different

people. 'Much research on transparency in global settings has focused on institutional design, such as online performance reports and external budget transparency. Yet, these avenues of research do not help to illuminate how change develops in an organization and the micro organizational social processes which influence policy implementation. Eliciting narratives of transparency in health care organizations can be a tool to gain insight into how to develop and nurture organizational cultures which are favourable to transparency, adapted to particular social, economic, and country contexts. The analysis of this small set of stories suggests potential areas where people may understand transparency differently depending on their organizational position and prior experience. ... Narrative analysis focused on stories of transparent and non-transparent behaviour can help researchers gain insight into human conduct and relationships which affect organizational accountability. These insights can, in turn, help in the design of interventions



which cultivate a transparency culture and promote good governance. Taken from <u>Vian, 2012</u>.

2.6 INTEGRITY REFORMS IN HEALTH

Reducing corruption is as much about establishing a strong *integrity framework* among public officials and the population as it is about directly addressing corruption. The norms of most societies and of all religions include acting with integrity. However much this may seem to be overly optimistic, it strikes a strong chord of emotion and pride in people. Building on this desire – such as through discussions across the organisation, in leadership fora, and in collaboration with other interested parties such as patients organisations – is fundamental to developing a high integrity organisation.

Integrity measures you can consider, with examples

2.6.1 Improving the integrity of public officials. Creating and maintaining a culture of high integrity behaviour among health professionals and health officials should not be so hard; These are among the most caring groups of people in society. However, powerful social 'systems' can be more powerful in driving human behaviour. As quality engineering guru W. Edwards Deming <u>once said</u>: 'A bad system will beat a good person every time.' The OECD is increasingly active in working with countries to structure suitable 'integrity frameworks' for the nation's public officials. Recently this has included work in Mexico, Colombia and Thailand, for example.

There are a multitude of ways to press for and to build a high integrity health culture:

- Attention to the basics, e.g. the legality and reality of fair hiring, firing, promoting and disciplining staff
- Having clear standards and codes of conduct for health professionals (doctors, nurses, specialists), health officials, Ministers and regulators
- Having credible internal reporting procedures
- Having mechanisms for identification and resolution of conflicts of interest,
- Regulating conferences and benefits from the pharmaceutical companies, etc
- Investing in integrity training; and in anti-corruption education for staff and officials



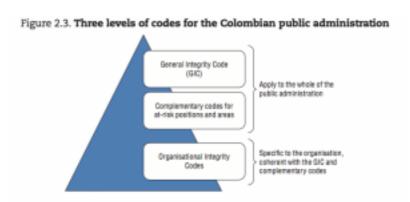
- Building the capability of locally-accountable hospital and community oversight bodies
- And, speaking out loudly and clearly against corruption.

There is a useful report *Integrity in healthcare organisations* from the Netherlands Health System (CEG 2016), which analyses integrity approaches to health care. They analyse five situations where the integrity is most tested in health care organisations: conflicting interests and expectations, dealing with errors, remuneration of administrators, perverse incentives within the system and peer pressure.

Example: Professional integrity for health staff in Australia. Here is an <u>example</u> of the professional health staff code from Australia.

Example: A structured approach to Integrity Codes in Colombia, Colombia has

put considerable effort into developing integrity across its public administration. In relation to Integrity codes and



codes of conduct, Colombia has a three-level model, from national, to at-risk positions, to specific Ministries and organisations. If your country has a similar structure, then you will want the health system codes to align with the national level ones. The OECD report on this effort is worth reading (<u>OECD</u> <u>2017</u>, p67), as are the reports for Mexico and Chile.

2.6.2 Consider the benefits of awareness raising and capacity

development. General anti-corruption education for officials and building the capability of oversight and regulatory bodies can be a useful measure, especially if they reach a critical mass of people or officials, and in environments where it is hard or dangerous to have more direct impacts. This is one way to show that at least something is happening, however modest.

2.7 WHISTLEBLOWING REFORMS IN HEALTH

Whistleblowing is now an accepted mechanism, and most large bureaucracies have mechanisms for complaints and or whistle-blowers. At the same time, these mechanisms are usually weak, may exist on paper only and the



whistleblowers usually end up suffering. Yet these mechanisms are vital in identifying and calling out corruption: the challenge is to find a way in your context to make them effective, and to publicise this. This has been done in countries and companies, so it is quite possible.

Whistleblowing measures you can consider, with examples

2.7.1 Encourage complaints mechanisms. These mechanisms are vital in identifying and calling out corruption and the challenge is to find a way to make them effective. Civil society has often shown that it can be a more honest and independent way of checking performance and/or being a trusted place that complainants speak with. Today, many complaint systems are actually run by NGOs for this reason. Besides feeling confident to make the complaint to someone, the other half of the complaint system is assurance that there will be prompt and accountable complaint investigation. There needs to be a range of sanctions (fines, loss of contract renewal) which can be implemented without going to the judiciary. This second part of the system has worked badly in many public health systems. In some it is just because of budget pressure. But in others it is more corrupt, being driven by the interests of professional groups, such as doctors or health officials, to protect themselves by ensuring that complaints do not get concluded.

So, making an effective complaint system can be more about making changes to the power balances within the health system than about the technicalities. Sometimes, a solution has been for a top official to take the complaints directly and personally. For example, in another sector, the top official made himself personally available all day every Monday to hear complaints from citizens.

2.7.2 Be open and public about the depth of the corruption. Do not

underestimate the effect that you and senior colleagues can have just by speaking openly and publicly about the corruption problems. When the head of the World Bank spoke about corruption in 1996, after years of silence, the effect was huge. Countries such as Estonia and Georgia have had considerable success. particularly in the earlier years of their reforms, they made it publicly clear that curbing corruption was the top mission of the government. It was clear that the government would stand or fall by their success in tackling corruption, and this gave them greater credibility with the public; though more recently, some of the progress is being undone in Georgia.



2.8 HEALTH REFORMS THROUGH CIVIC ENGAGEMENT

At local level, you have much opportunity to enlist citizens for change, or to be pushed forward by citizens who are determined to achieve change. The involvement of civil society can be unpredictable – they are of course not under your control – but for the same reason it gives your initiative more of an external reality. Some countries have a social tradition of very high levels of civic engagement. This can be harnessed to involve patients in reform against corruption – whether via consultation, policy participation, or active cocreation of some of the initiatives.

The table opposite, for example, presents the results of surveys reviewing the levels of civic engagement in nine Latin American and Caribbean countries. Some of the countries have very high levels of civic engagement, while others in the same region do not (<u>OECD 2017</u>, Chile report).

At local level, therefore, you may have good opportunities to enlist citizens for change, or to be pushed forward by

Levels of citizens participation in Latin America and the Caribbean

Countries with the highest levels of citizen participation	
Haiti	91.8%
Bolivia	84.9%
Dominican Republic	75.9%
Peru	74.5%
Ecuador	72.1%
Countries with the lowest levels of ci	tizen participation
Chile	48.4%
Argentina	47.1%
Panama	44.1%
Brazil	43.4%
Costa Rica	41%

Sources: OECD (2016d), Open Government Review of Costa Rica; OECD Publishing, Paris http://dx.doi.org/10.1787/9789264265424-en

BBC Mundo, "El país con menos participación ciudadana de América Latina", http://www.bbc.com/mundo/noticias/2013/10/131025_america_latina_costa_rica_politica (accessed 27 June 2017).

citizens who are determined to achieve change. This may involve a 'call to action' for citizen involvement, or it may happen naturally. A successful approach involving citizens can have different formats, procedures, purposes, success factors and costs; it can yield better-quality policies, stronger legitimacy and prevent policy capture. However, *'findings from the Bertelsmann Foundation indicate that national and local governments may struggle to actively involve citizens. A full 50% of the 20 health ministries surveyed registered similar.'* (From <u>OECD 2017</u> Chile report, p23).

Collaboration with civil society organisations is a natural mechanism for reform on corruption. Many of them have a sizeable expertise on corruption, they have a much greater freedom to intervene when there is misbehaviour than official hierarchies do, and they can help in reaching out to the wider community to build trust.

3. Developing an overall strategy

Guidance summary: STEP 3 Developing an overall strategy

After you have reviewed the specific corruption types and identified reform measures, you can develop an overall strategy. Because curbing corruption is about changing the status quo, so you need to be thinking about how to build support, how to spread the benefits, how to bring opponents on board or how to outflank them. This is where judgement and political skill are important. You also need to think carefully as to which combination of measures and management is likely to result in the most impact within the limited resources and time available. We suggest that you develop an overall strategy – in collaboration with those who can also own it with you – in the following way:

- 1. Thinking through objectives and what impact you really want to achieve
- 2. Challenging yourselves by considering strategic opposites and different entry points
- 3. Flexibility preparing yourselves to be wrong
- 4. People, politics and skill where and how to build support
- 5. Implementation setting up a sound programme
- 6. Maximising supportive structures across government & stakeholders.
- 7. Choices in high corruption environments

You can read more guidance on Step 3 <u>here.</u>

3.1 OBJECTIVES AND DESIRED IMPACT

The desired impact will usually be something tangible, such as lower drug prices, more free access to doctors, fair treatment of patients on waiting lists, rather than 'reduced corruption'.



Example: Improved maternal and child health across ten countries. In an analysis of success factors for 10 countries – Bangladesh, Cambodia, China, Egypt, Ethiopia, Lao PDR, Nepal, Peru, Rwanda and Vietnam – the World Health organisation (WHO) found that one of the success factors was an active approach against corruption. '*Rapid reductions of maternal and child mortality and dramatic improvements in reproductive health and rights are possible despite political and economic challenges...While the mix of strategies and investments used to address high maternal and child mortality rates differed to meet local context and priorities, fast-track countries some shared some successful approaches ... among which good governance – including political commitment and control of corruption– underpinned progress overall. WHO (2014). This showed a recognition of corruption issues in the programme, but not letting it dominate as a key objective.*

3.2 STRATEGIC ALTERNATIVES

There are too many choices: Focus on large-scale changes or small changes? Prioritise fighting corruption or building integrity? Prioritise a preventive strategy or a prosecution-led one? Prioritise specific technical reforms or allow scope for diversity and improvisation? And so forth.

Example: Vietnam and a low-profile strategy. Vietnam's health anti-corruption strategy in 2012 was to make indirect improvements with very little public profile, leaving the public benefit and the opposition to become evident only later. Opposite is an example of such a strategy, from Vietnam The elements of the strategy were as follows: Re-design of provider payment systems to change incentives; Increased transparency in medicine pricing; Expanded avenues for patient feedback; Streamlined administrative procedures; Improved information system to detect and deter fraud; Expanded civil society watchdog monitoring and reporting; Managing conflicts of interest among public sector providers; and Increased detection and punishment of officials who accept bribes & kickbacks. (Vian et al 2012).

Example: High-income country draft health strategy. Here is a recent example of how one developed country drafted its health anti-corruption strategy. They decided it would be in two parts: 1) Structural reform and 2) Providing real information direct to citizens.



PART 1: IMPLEMENTING NECESSARY STRUCTURAL REFORM. The Ministry drafted seven structural reform priorities: Better information availability and transparency; More robust purchasing and stock management; Stronger controls over high pricing of medicines and materials; Stronger controls over corruption in medical practices; Strengthening control over semi-independent health agencies; Better auditing – admin and clinical – and better controls; Strengthening sanctions and discipline. The Ministry will also work more closely with the representatives of the health industry – because their active cooperation is essential – and so that they too sanction bad industry behaviour.

PART 2: GIVING CITIZENS REAL INFORMATION. The objective was to give citizens a more powerful voice, so they feel their complaints, especially about corruption, are being heard and acted upon, and to ensure that their feedback actually reached health leadership and health inspectors. The Ministry drafted three priority work areas: Public information on waiting lists and key facilities; Public information on hospital daily effectiveness; and Strengthening patients' rights offices.

Example: a large-scale health reform strategy in Afghanistan. The government supported a major initial analysis of the <u>corruption weaknesses in the Afghan</u> <u>health system</u>, carried out by the Afghanistan Independent Anti-Corruption Committee (MEC) in 2016, despite knowing it would be highly critical. The principal parts of the reform strategy were: Expanding the role of the local Health communities (*Shuras*); Expanding Independent Oversight; Overhauled Auditing; Strengthening the Independent Council; Much closer liaison with the Attorney General to advance prosecutions; Independent oversight and monitoring of all senior health appointments; and Improving the quality of imported Pharmaceuticals via an overhauled regulatory body amalgamating several previous bodies.

A major feature of the reform strategy was that the Anti-Corruption Committee instituted an independent 'Active quarterly follow up' of the recommendations and the Ministry action plan. This is done by a team of two people, who spend one month every quarter vising hospital and Ministry sites to see what progress is being made. They write a detailed progress report which is discussed with the Minister and his health leadership team each quarter, and which is published and publicised in the media. The sixth of these <u>quarterly follow up reports</u> has recently been published by the Afghanistan independent Anti-Corruption Committee (2018).

Example: Lithuania and thinking

small. Lithuania is a country that has been making significant progress against corruption. Hospital clinics and a local NGO (Transparency International Lithuania) worked together to reduce corrupt 'informal payments'. They found that corruption perception levels can be directly related to the willingness to recommend the institution to others. The NGO produced a guidebook to help others who are striving for small, tangible victories in your work and looking for new, better ways to serve their clients. As the authors say: "We hope that this guidebook



will give you a better understanding of how to seek for positive changes in your institution".

3.3 COLLABORATION AND POLITICAL SKILL

Corruption reforms usually involve several groups of stakeholders, whether the reform is small, like eliminating informal payments for child care, or large, like passing a bill to improve health outcomes in a country.

Example: Passing a law to tax alcohol and cigarettes in the Philippines. The objective was to pass the 'Sin tax' law. Whilst there were many corruption issues also associated with the previous situation, the coalition that was put together was established on the basis of common incentives to pass the law, not to address corruption. Read more on this example in Section 2.2.5 above.

3.4 PROGRAMME MANAGEMENT IN HEALTH CORRUPTION REFORM

An anti-corruption initiative might be small, such as a single project, but many of them involve multiple projects, in different parts of the country, in different agencies, and will extend beyond the Health Ministry boundaries into other ministries and agencies. This requires a more formal 'programme management' approach so that they are each managed properly, there is a full-time person or team doing the coordination, proper tracking system in place, and there is



regular reporting so that those in charge, or the Steering Committee, are kept up to date.

Example: Planning implementation of national clinical protocols in

Moldova. USAID, working with Moldovan physicians, ran a major reform project on implementing clinical protocols. They developed 90 Clinical protocols, distributed 2,000 copies of each protocol distributed to health care facilities nation-wide, trained medical specialists in protocol drafting to facilitate continued improvements, and created 14 pilot quality councils, which were expanded nationwide in 2009 (<u>USAID 2014</u>).

3.5 FORMALITY AND ALIGNMENT IN HEALTH CORRUPTION REFORM

Unless your ministry is a beacon of integrity in an otherwise corrupt government, or your project is very small, you should expect your reforms to be an integral part of the broader reforms in your health system. Sometimes the action will be 90% the same as a reform that the ministry is already planning or undertaking, such as having a good HMIS, improving controls and improving HR practices. The 'added-value' of an anti-corruption angle is that you would not think about the corruption aspect if you were just thinking about effectiveness and good practice. Nevertheless, be explicit that you are tackling corruption. You may be tempted, and you may also hear expert opinion, to suggest that the 'normal' institutional reforms will in due course take care of the corruption problems; so that no separate emphasis on corruption will be required. We believe that you should not do this. Such advice often arises because people, especially experts and donors, feel uncomfortable talking explicitly about corruption. Such advice 'permits' them not to delve into this subject, which is obviously wrong. People who are the recipients of the health services - patients - will have no hesitation in recognising corruption, and they will rightly be suspicious of reforms that do not explicitly tackle it.

There are several other alignments also likely to be necessary: with the government's anti-corruption strategy as a whole, with other government good-governance policies, and regional alignment.

4. Transnational health initiatives



Guidance summary: STEP 4 Transnational initiatives

Review what international sector efforts are active in tackling corruption in your sector. They may be sources of knowledge, ideas, support and assistance in the development of your initiative. Sector-specific organisations include:

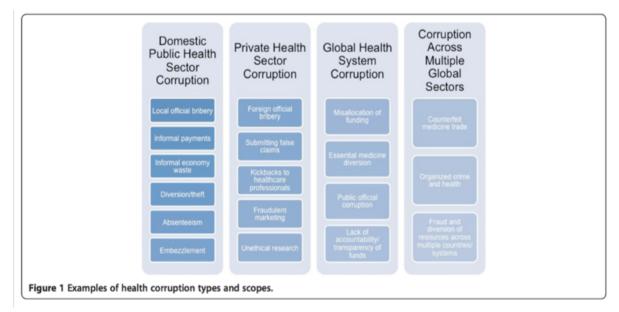
- Professional sector associations (many have an 'anti-corruption working group' or similar forum);
- Initiatives and programmes targeted on building integrity, raising transparency and reducing corruption in the sector;
- Multilateral organisations associated with the sector (eg World Health Organisation). They too may have anti-corruption knowledge and capability.
 Non-sector-specific organisations also have sector knowledge. These include:
- Multilateral economic organisations such as World Economic Forum, IMF and OECD; among these,
- OECD has a large group focused on public integrity and anti-corruption.
- There are multiple stand-alone initiatives focused on issues such as beneficial ownership transparency, or access to information.
- Multilateral development organisations, like the World Bank, UNDP and U4, can hold valuable sector knowledge and expertise, whether or not you are based in a developing country.

Many health corruption issues can be addressed within the health sector of a single country, as we have been discussing here. However, other issues can only be properly solved through an international approach. Examples include medicine regulation, pharmaceutical authentication, medical company behaviour and other issues such as responses to pandemics.

Attention to these international health corruption issues also means that global expertise is increasing. As health corruption expert Taryn Vian, Clinical Professor of Global Health at Boston University School of Public Health says: *'Fortunately, an emerging body of knowledge is helping to translate the findings of anticorruption research into operational anticorruption programs. While we still have much to learn, a number of general lessons from this field are already proving useful for designing and implementing anticorruption reforms*' (Vian, 2010).



The split between domestic health corruption issues and international or global health corruption issues is shown up nicely in the diagram below from <u>Mackey and Liang (2012):</u>



4.1 GLOBAL GOVERNANCE?

Experts suggest that the concept of global health corruption should be expressly defined, discussed, and adopted through an international legally binding framework employing partnership with the World Health Organization and UNODC. They also suggested that global efforts to address global health corruption could be operationalized. Policy makers are recognising that the size of the health sector (<u>\$6.5 trillion</u> in 2012; expected to reach <u>\$18 trillion</u> by 2040) means that the international health community needs to pay more attention to tackling the damaging effect of corruption.

- The UN special rapporteur on human rights called in 2017 on States to provide bold leadership to confront corruption and its severe impact on the right to health, including more protection for "whistleblowers" and empowering the public to report corruption. "*In many countries, health is among the most corrupt sectors.*" The Special Rapporteur stressed that there is a normalization of corruption in healthcare, involving not just corruption that clearly breaks the law, but practices which undermine the principles of medical ethics, social justice, transparency and effective healthcare provision (Office of the High Commissioner for Human Rights, October 2017).
- The British Medical Journal (Berger 2017) in Corruption; medicine's dirty open secret, the BMJ issued a call for a campaign against corruption in



healthcare. Corruption is the very antithesis of patient-centred care. Driven by greed, those in power divert crucial resources away from patients in need, which results in poor quality of care and worsening health outcomes. It is an international problem and no health system is free from it

• The huge Global Fund notes, according to <u>Usher (2016)</u>, that 'A lack of a comprehensive, internationally cooperative framework specifically addressing health corruption on a global level undermines the effectiveness of these independent efforts.'

What is needed, but not yet in place, is a unifying governance framework that can enable governments to take more responsibility for addressing the irregularities. The article by <u>Mackey et al (2017)</u> *Combating healthcare corruption and fraud with improved global health governance* is worth further reading.

4.2 HEALTH ANTI-CORRUPTION INITIATIVES AND ORGANISATIONS

There are two initiatives worldwide that we are aware of that focus on tackling corruption in health:

Boston University School of Public Health Professor Taryn Vian and colleagues have been working on corruption in the health sector for over two decades. See for example Vian et al (2010). *Anticorruption in the Health Sector: Strategies for Transparency and Accountability,* and other publications authored by Vian et al listed in the Bibliography below.

Transparency International Healthcare programme TI's <u>Pharmaceuticals and</u> <u>Healthcare anti-corruption programme</u> is a global initiative of TI based in London, dedicated to tackling corruption in pharmaceuticals and health care worldwide. Several TI Chapters around the world are also specifically involved in tackling healthcare corruption. The TI Secretariat in Berlin was also instrumental in highlighting the topic of health corruption back in 2006 with a whole annual report on the topic (<u>TI 2006</u>).

In addition, the Anti-Corruption Resource Centre U4, Norway, have published several reports on health corruption in the past, and also have a <u>training</u> <u>module</u> on health corruption, though this has restricted access.

4.3 WORLD HEALTH ORGANISATION (WHO)

Within health, the obvious first place to look for global initiatives and global expertise is the World Health Organisation (WHO). They have been taking the

lead on many good governance initiatives, such as Good governance in Medicine (WHO 2010) and the Medicines Transparency Alliance (MeTA). They also have done specific corruption analyses, for example <u>World Health</u> <u>Organisation (2010)</u> An innovative approach to prevent corruption in the pharmaceutical sector. However, there seems to have been little focus on tackling health corruption at an international level to date since the initiative on Good Governance in Medicines (GGM) and preventing corruption in the pharmaceutical sector. WHO has itself come under fire for corruption and waste within its own organisation. See for example <u>here</u> and <u>here</u>.

More recently, one group within WHO has started to suggest global action to improve health system governance. The <u>Health Systems Governance</u> <u>Collaborative</u> was born from this urgent need for new collective action. The Collaborative is set up to work as a global network, made up of participants from various backgrounds: technical experts, agencies, policy makers, and citizens' representatives' (<u>Bigdeli et al, 2017</u>).

More on the WHO Health Systems Governance Collective

The Health Systems Governance Collaborative express the need from a helpful historical perspective: Back in 2007, the WHO proposed a six building blocks' framework to categorize and analyse health systems. In this framework, health system governance was defined as: "Ensuring strategic frameworks exist and are combined with effective oversight, coalition*building, attention to system design and accountability*". Then on their website, this group says 'First, we must admit that for the past decade, we have paid much attention to the first part of this definition: "ensuring strategic policy frameworks exist"..... Secondly, without denying the critical importance of policy-making capacity and strategic planning processes in the health sector, we must also acknowledge the need to examine more closely the latter part of the governance definition put forward by WHO in 2007: "effective oversight, coalition-building, system design and accountability". Much less has happened in this respect in the recent past, although some authors in the health system literature have ventured this less travelled *route: a recent systematic review identifies 16 frameworks for health systems* governance published between 1994 and 2014, but only five of them have been applied in practice and only three considered governance at multiple levels of the health system. When travelled, the route therefore remains vastly



theoretical; it is difficult to grasp what are the concrete actions that could benefit health system governance and improve health system performance.

4.4 DEVELOPMENT AGENCIES

Development agencies spend billions of dollars on health improvements in developing countries, although only a few per cent of it is targeted at corruption issues. They do produce some analyses of corruption in health, such as from DFID (<u>DFID</u> How-to Note; addressing corruption in the Health sector). USAID has done a detailed analysis of its <u>anti-corruption</u> <u>programming</u>, which has an Annex with their experience with health projects.

For countries where part of the health budget is provided by partners from other nations, whether this be in the form of aid, or regional projects like in the EU, Development agencies have considerable power that you may be able to leverage. You could press them, for example, to require strong integrity clauses, transparency of contracts, and intrusive audit rights. You can encourage the international bodies to take corruption more seriously. International health specialists, for example, can be uncomfortable when discussing corruption, and development agencies may feel they have more to lose by identifying the extent of the corruption than by passively working around it. Agencies are sensitive to charges that they are not serious about corruption. For a critical review, see <u>Kenney (2017)</u> *Results not receipts: how much aid is really lost to corruption?*

4.5 OTHER MULTILATERAL AND DEVELOPMENT INSTITUTIONS

United Nations Development Programme (UNDP). UNDP produced a guide some years ago Fighting corruption in the health sector <u>UNDP (2011)</u>. But UNDP seems to be less active today: on <u>UNDP's website</u> they simply state that *'UNDP has strong partnerships with other organisations working on anticorruption such as the <u>UN Office of Drugs and Crime</u>, Tiri, GTZ, the <u>Basel</u> <u>Institute on Governance</u>, the <u>Huairou Commission</u> and the Institute of Governance Studies of Bangladesh.'*

Global Fund The Global Fund is one organisation that has been at the forefront of some of these efforts as it has sought to eliminate corruption related to its own disbursements (<u>Usher 2016</u> *Global fund plays hardball on corruption*).



European Healthcare Fraud and Corruption network (<u>EHFCN</u>) EHFCN is a notfor-profit organisation financed through subscription fees, founded in 2005 as a result of the first pan-European conference held in London in October 2004. Its members are healthcare and counter fraud organisations in Europe. EHFCN has published a book on *Healthcare fraud, corruption and waste in Europe: national and academic perspectives* (<u>EHFCN 2017</u>).

U4 Anti-Corruption Resource Centre, Norway.

<u>U4</u> is a resource centre set up by Development Agencies to do independent research on corruption issues in developing countries. As they say in their website *We share research and evidence to help international development actors get sustainable results.* You can contact them at <u>u4@cmi.no</u>.

U4 have expertise in health anti-corruption. They also have an online module on tackling corruption in Health.

A new global anti-corruption standard for health? See the discussion and call for this in Section 4.1 above.

5. Ask & Connect

Contacting others really helps. It is not just a nice thing to do. Because corruption is a tough problem, with no 'manual' of how to go about tackling it. Much of the current guidance, whether in reports or in the form of technical advice from institutions, is generic. It rarely gets down to sector level actions, which is where much of the real impact of corruption issues is seen and experienced.

Yet at the same time people everywhere really hate corruption. This means that others working in your sector round the world are open to being contacted and happy to respond.

Here's what we suggest:

- 1. Get in touch with the people at the transnational organisations outlined in Section 4 above. Ask for their input.
- 2. Ask other readers and followers of CurbingCorruption: Use the Twitter and Linkedin buttons below.



- Ask us. We may be able to offer ideas and/or point you to relevant examples. Use the 'Ask & Connect' form below or just contact us directly at editor@curbingcorruption.com
- 4. Contact the authors of any of the articles and references that we cite. Our experience is that they are happy to respond to questions.

Contacting others also has a second benefit. Everybody involved in efforts against corruption, whatever their country or sector, is nervous of whether their anti-corruption ideas are plausible. They are aware they have no deep knowledge of how to tackle corruption and have less time to spend on this than they would like; so they are lacking in confidence. The best way to gain confidence is to talk with other people who also understand the problems in your sector.

Reading and Bibliography

ADDITIONAL READING

We have assembled in this review all the useful health system guidance and experience that we know of, together with worldwide experience in health system anti-corruption reform. So, do read this review first! There is nothing recent that you can read other than this review, but if you want to read just a little of the older material, we suggest the following three reports:

- Vian, Taryn, Savedoff, William and Mathison, Harald (2010) <u>Anticorruption in</u> <u>the Health Sector: Strategies for Transparency and Accountability</u>. Kumerian press, published April 2010.
- 2. **USAID's 2014 analysis of** <u>anti-corruption programming</u>, Annex 4 is about the experience with health projects.
- 3. **DFID (2010)** <u>*DFID How-to Note; addressing corruption in the Health sector*</u>

WEBSITES

Transparency International has a programme on tackling corruption in health care. This programme is gradually building up, so their <u>health website</u> is worth following.

Birmingham University UK has a useful page of sources on corruption in the health sector: <u>https://www.birmingham.ac.uk/Documents/college-social-</u>



<u>sciences/social-policy/hsmc-library/snappy-searches/Corruption-in-the-</u> <u>health-sector.pdf</u>

The **Anti-Corruption Resource Centre U4** has a website with on-line anticorruption training in the health sector, but access is restricted. A new course will be available from late 2018. <u>https://www.u4.no/courses/addressing-</u> <u>corruption-in-the-health-sector</u>

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